

BERE REGIS COMMUNITY SCHOOL

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Head Teacher
W Roberts

12th July 2016

Dear Parents / Carers,

During our last few days in school (18th and 19th July) we will be holding some 'Active Days'. This forms part of our on-going work in school, helping children develop healthy lifestyles. On Monday and Tuesday the children will be engaged in a variety of sporting and outdoor activities both in school and in the local area.

During these two days, please ensure your child dresses for the weather as we will be outside for most of each day. (Hat and sun-cream if sunny and a jumper or waterproof if not). Children will be required to wear their P.E kit (School P.E Tee-shirt, shorts or tracksuit bottoms and trainers) on both days, however there will also be different items needed for each of the two days, therefore this letter aims to provide you with further information and outline all the things needed.

On Monday the whole school will be going on a ramble over Black Hill and through the village, ending up at the Sports Club Rec for a picnic and games in the afternoon. All children **must wear a tee-shirt or jumper with Bere Regis logo** for ease of identification. They will also need a packed lunch, including a bottle of water, healthy snack, waterproof and/or jacket, hat, sun-cream as necessary. If you have booked your child a hot school meal they will be provided with a packed lunch. We will need some parent helpers on this day, if you would like to join us we would be very happy to have your help. Please indicate on the slip below.

On Tuesday there will be a variety of sporting/outdoor activities in school. Children will not require any additional items but please dress for the weather.

N.B. Jurassic Class will not be involved in this day as they are going out on their trip to Weymouth.

Children must have returned a signed permission slip before the end of this week, (FRIDAY 15th JULY) so that they are able to take part in the activities planned.

Thank you for your continued support

Mrs Rachael Brown
Healthy Schools Co-ordinator

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I give permission for my childto take part in the activities planned during Active Days.

I am able to help on Monday 18th July for the whole school walk.

My contact number on Monday 18th July will be

Signed

Date